

THE PLUM TREE



Ordinary name: Plum tree

Scientific name: *Prunus domestica*

Family: Pinkish

Fruit: Plum

Blade type: Deciduous

Height: 6-8 mts.

Origin: Caucasus, Anatolia and Persia

The plum tree is a fruit tree whose origin was in Persia, Anatolia and Caucasus. Their fruits are plums. It resists well cold temperatures. Also, it's easy to cultivate because it's very resistant. There are many kinds of plum trees (red, yellow, white or green). Agricultures could choose the best one in each region (depends on weather). The best weather to get fruits is tempered.

Plums have some benefits for health. They have antioxidants, vitamins and minerals which help us to improve our skin and our sight, improve our fluid retemption or increase our defenses.